

Princeton Health & Fitness Presents:



THE 2018 TRANSFORMATION CHALLENGE!

Want to make 2018 the best year ever?

Whatever your health and fitness goals, let us help you reach them!
Join us for our 8-week Transformation Challenge and get:

- Classes
- Support
- Accountability
- Nutrition/wellness
- Weekly check-ins
- Motivation
- Prizes and More!



**Choose
to
shine!**



Sign up at:
Princeton Health & Fitness
607 South 2nd Street
Princeton, MN 55371
763-631-1326
info@princetonfitness.com
www.princetonfitness.com

Begins January 6, 2018
Runs for 8 weeks
COST:
\$75 for Members
\$150 for Nonmembers*
*includes 2-month gym membership